



First Aid Course

HLTAID001 PERFORM CARDIOPULMONARY RESUSCITATION (CPR) and

HLTAID003 PROVIDE FIRST AID



HLTAID001 Perform Cardiopulmonary Resuscitation (CPR) and HLTAID003 Provide First Aid

Course overview:

The First Aid Program is designed for those who wish to or are required to develop the skills and knowledge needed to provide first aid response and possibly perform CPR until the arrival of medical or other assistance. This training will benefit workplace first aid officers on worksites, site coordinators and anyone who requires first aid knowledge and skills in their workplace.



Learning Outcomes:

Candidates will gain the following skills and knowledge at the end of the course and will be able to work individually and as part of a first aid team, apply first aid and conduct CPR in line with ARC Guidelines and the guidelines of the Australian national peak clinical bodies and State / Territory legislation and regulations.

Subjects covered:

- Principles of First Aid
- Legal Issues in First Aid
- Expired Air Resuscitation (EAR)
- Cardiopulmonary Resuscitation (CPR)
- Fractures and Dislocations
- Head and Spinal injuries
- Bleeding & Shock
- Burns & Scalds
- Asthma

Statement of Attainment:

Upon successful completion of the course candidates will be awarded a Statement of Attainment for the units:

- HLTAID001 Perform cardio pulmonary resuscitation
- HLTAID003 Provide first aid

Course duration:

This course is delivered over a 1-day period (9.00am to 4.00 pm). Prior to attending this workshop candidates are required to complete pre-reading and activities, which will take approximately 6 hours.



Location:

The training is conducted at Swetha International Pty Ltd, Level 3, Suite 23 12 Railway Parade, Burwood NSW 2134. If required training can also be conducted on site at the client's premises provided it must have the following requirements:

- Suitable training room equipped with tables, chairs and whiteboard. Note that sufficient space is required to allow for the CPR and other First Aid scenario demonstrations and assessments.

Eligibility criteria:

To participate in this course, candidates will be required to:

- present a form of photo ID on arrival
- wear appropriate clothing to be able to perform in group activities and demonstrations

Please note: This program is being conducted in English. The course content involves group discussions, scenarios, written activities in the English language. To ensure that you can **complete** this course successfully you will be required to undertake a language, literacy and numeracy test prior to enrolling into the course which will allow Swetha International Pty Ltd's personnel to evaluate your capabilities to participate in the course.

Course support available:

If you require any additional support during the course, please contact one of our staff so that we are able to provide the necessary support. For further information about our services and assistance please refer to our Student Handbook or contact our office. Please advise us if you have any injuries, which may impact on your ability to participate in practical aspects of the training prior to enrolment.

Fees and Charges:

The course fee is \$110. The course fees include provision of all texts and assessment material. Candidates will be eligible for a full refund (less administration fee of \$25) if you choose to withdraw from the course if you give two (2) or more business days notice. Cancellation within two (2) business days for the course date will forfeit course fees.

To enrol or for more information contact us at:

Level 3, Suite 23
12 Railway Pde
Burwood NSW 2134
Ph: 02 9715 2833
Mob: 0431 375 083
Email: train@swetha.com.au
www.swethatraining.com